

從 COVID-19 的機構確診個案分享某醫院附設護理之家的應對計劃

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摘要

新冠肺炎於 2019 年 12 月首次在中國武漢市發現，之後迅速向全球蔓延。由於台灣早期策略採取邊境封鎖的方式，成功的將病毒隔絕於國土之外，防疫模範生之名不脛而走，”Taiwan can help.” 更成為足以為國人驕傲的口號。2021 年 5 月邊境管制以及隔離政策出現缺口，造成新冠肺炎病毒快速蔓延，從桃園市的飯店及航空公司從業人員，再到台北市萬華區社區感染僅僅不過一週。位於萬華區某醫院附設護理之家，於 5 月 21 日晚間有工作人員確診新冠肺炎感染後，就深陷新冠肺炎群聚感染的危機，本文概述國外養護機構採取緊急措施與相關處置的經驗以及準則，並說明該護理之家應對方式。

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關鍵詞：護理之家、新型冠狀病毒肺炎、COVID-19

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Nursing Home Management of Residents with COVID-19 Infection: A Case Report

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Abstract

On 31 December 2019, the first case of COVID-19 was reported in Wuhan City, Hubei Province, China; the epidemic had since spread globally. Early response and timely border control had enabled our government to prevent the transmission of the Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) that caused the COVID-19 to spread around Taiwan. In that time, people in Taiwan were so proud of the slogan “Taiwan Can Help.” In May 2021, however, COVID-19 clusters were noted among the staff of a hotel and China Airlines pilots in Taoyuan City. The transmission of coronavirus was so rapid that community outbreak occurred within one week in Wanhua District of Taipei City, where the Nursing Home at Beihu Branch of National Taiwan University Hospital was located. On 21 May 2021, a staff member went to the Department of Emergency at National Taiwan University Hospital due to fever and was confirmed to suffer from COVID-19. From then on, the crisis of COVID-19 outbreak escalated. The purpose of this paper is to present the associated experiences about COVID-19 crisis management and guidelines at nursing homes in other countries. In addition, we also shared our experience concerning nursing home management of residents with COVID-1.

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Key words: nursing home, COVID-19

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