

# Integrated Care and Management in Older Adults with Diabetes and Co-morbidities

## 高齡糖尿病與共病整合照護研討會

Organizers 主辦單位：

Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan

臺中榮民總醫院高齡醫學中心

Department of Medicine, Division of Endocrinology and Metabolism, Taichung Veterans General Hospital, Taiwan

臺中榮民總醫院內科部新陳代謝科

Diabetes Center, Taichung Veterans General Hospital, Taiwan

臺中榮民總醫院糖尿病中心

Geriatrics and Gerontology Research Center, College of Medicine, National Chung Hsing University, Taichung, Taiwan

國立中興大學高齡醫學研究中心

Time 時間：2025-March-22, 08:00-15:00(Taiwan)

2025年3月22日上午8點至中午12點

Place 地點：5<sup>TH</sup> Conference Room, 1st Floor, Teaching Building, Taichung Veterans General Hospital, Taiwan

教學大樓一樓第五會議室

Time	Topic	Speaker	Moderator
07:30-08:00		Registration	
08:00-08:05		Opening 開幕 Dr. Chieh-Liang Wu Vice Superintendent Taichung Veterans General Hospital, Taiwan 吳杰亮副院長 臺中榮民總醫院	
08:05-08:40	Epidemiology Study in Diabetes in USA and Japan 美國與日本糖尿病流行病學研究分享	Dr. Tomoshige Hayashi Department of Preventive Medicine and Environmental Health, Osaka City University, Graduate School of Medicine, Osaka, Japan	Dr. Shih-Yi Lin Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan 林時逸醫師 臺中榮民總醫院高齡醫學中心
08:40-08:55		Q&A Tomoshige Hayashi 教授 林時逸醫師	
08:55-09:30	Key Factors of Healthy Ageing: Diet Nutrition and Mortality Risk in Older People 健康老化的關鍵：飲食營養與長者死亡風險	Dr. Yi-Chen Huang Department of Nutrition, China Medical University, Taichung, Taiwan 黃怡真副教授 中國醫藥大學健康照護學院營養系	Ya-Ling Wang Department of Food and Nutrition, Taichung Veterans General Hospital, Taichung, Taiwan 王雅玲主任 臺中榮民總醫院營養室
09:30-09:45		Q&A 黃怡真副教授 王雅玲主任	
09:45-10:05		中場休息	
10:05-10:40	Towards Healthy Aging: A Perspective on Metabolic Syndrome and Diet 邁向健康老化：代謝症候群與飲食的觀點	Dr. Shao-Yuan Chuang Division of Preventive medicine and Health Care Research Institute of Population Health Sciences National Health and Research Institutes, Taiwan 莊紹源研究員 國家衛生研究院 群體健康科學研究所	Dr. Jun-Sing Wang Division of Endocrinology and Metabolism, Taichung Veterans General Hospital, Taiwan 王俊興醫師 臺中榮民總醫院內科部新陳代謝科

10:40-10:55	<p style="text-align: center;"><b>Q&amp;A</b>          莊紹源研究員          翁碩駿醫師</p>		
10:55-11:30	<p>Choosing wisely in geriatric patients          高齡病人之明智抉擇</p>	<p>Dr. Yi-Ting Tsai          Division of Endocrinology and Metabolism, Department of Medicine, Taichung Veterans General Hospital, Taichung, Taiwan          蔡易婷醫師          臺中榮民總醫院內科部新陳代謝科</p>	<p>Dr. Shuo-Chun Weng          Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan          翁碩駿醫師          臺中榮民總醫院高齡醫學中心</p>
11:30-11:45	<p style="text-align: center;"><b>Q&amp;A</b>          蔡易婷醫師          王俊興醫師</p>		
11:45-12:00	<p style="text-align: center;">Closing 閉幕          Dr. Shih-Yi Lin          Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan          林時逸醫師          臺中榮民總醫院高齡醫學中心</p>		

\*積分取得方式：學員需完整出席(每堂課皆有簽到、簽退紀錄)才給予積分。